# The 27the annual Alaska State Bodybuilding Championships were held this past weekend at Williamson Auditorium University Of Alaska Anchorage.

Joshua Braud of Soldotna was crowned Mr Alaska and earned is ABFF Pro-natural card, posing off with 2010 Pro-Natural winner Craig Toth of Boise,ID.

This year's Fitness Expo started off with a dance performance from Under Ground Dance Studio energizing the already enthusiastic crowd. Tanaka Martial Arts Academy put on an incredible demonstration of their Art.

Athlete's came from a far including Eva Martinkova from Slovakia sponsored by the Prime minister of the Slovakia Republic.

The next ABFF Natural Competition will the 2010 Kenai Peninsula Natural Bodybuilding, Fitness & Figure Championships held at Soldotna High School on May 8th, 2010.

All final results as follows.

Women's Bikini

- 1- Robyn Ray-Anchorage
- 2- Zalata Sushchik-Anchorage
- 3- Eva Martinkova of Slovokia

Women's Figure over 35

1- Debra Faria-Eagle River

Women's Figure 5'4" & Under

1- Brittnay McCrum-Soldotna

Women's Figure 5'4" & Over

- 1- Amanda Keever-Anchorage
- 2- Lissa Cristiano-Soldotna
- 3- Virginia Horsey- Anchorage
- 4- Zalata Sushik- Anchorage
- 5- Kathryn Petros-Geddie- Anchorage

Women's Open Masters Over 35

1-Valene Wilde-Kodiak

Junior Men 20 & Under

1- Steve Fidler- Wasilla

Masters Mens Over 40

- 1- Scott Helle- Wasilla
- 2- Steve Hall- Wasilla

### Grand Masters Men Over 50

- 1- Lindsay Knight- Kodiak
- 2- Brad Drake- Wasilla

#### Novice Men

- 1- Ian Leach- Anchorage
- 2- Sarge Truesdell- Soldotna
- 3- Marshall Bourne- Fairbanks
- 4- Nick Christensen- Soldotna
- 5- Justin Gray- Soldotna
- 6- David Burroughs- Anchorage
- 7- Teron Sorensen- Anchorage
- 8- Alex Turr- Anchorage

## Light Weight Men 176 lbs & Under

- 1- Joshua Braud- Soldotna
- 2- Darin Hagen- Soldotna
- 3- Brad Stiles- Anchorage
- 4- Nate Morningstar- Ememendorf AFB
- 5- Bo Kittley- Eagle River
- 6- Lindsay Knight- Kodiak
- 7- Ben Thill- Boise, ID

## Heavy Weight Men 176 lbs & Over

- 1- Paula Ogiu- Anchorage
- 2- Shawn Shelley- Des Moines, WA
- 3- Warren Moore- Fairbanks
- 4- Scott Griebel- Soldotna

## Pro-Men

1- Craig Toth-Boise, ID

#### Over All Winners

Open Men

Joshua Braud- Soldotna

Open Women

Valene Wilde- Kodiak

Women's Figure

Amanda Keever- Anchorage

Women's Bikini

Robyn Ray- Anchorage

Novice Junior Master Over-All Ian Leach- Anchorage

ABFF Hall of Fame Introduction Robin Hull- 3 time Ms Alaska